

How Can I Say Thanks?

Series: **Church Talk** Text: **Selected Scriptures**

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God has told us that it is His will for us to be thankful. Today we'll explore some practical ways to nurture and express a thankful heart.

The Problem of Ingratitude (Rom. 1:21; 2 Tim. 3:1-2)

The Practice of Gratitude:

1. **S** _____ up (Heb. 13:15; Psa. 145).
2. **S** _____ out (Psa. 28:7; 147:7; Neh. 12:27).
3. **K** _____ down (1 Tim. 2:1).
4. **H** _____ and **T** _____ (Dan. 2:23; 6:10; Psa. 57:9).
5. And **E** _____ (1 Thess. 5:18).