

LIVING IN EXILE – A SERIES IN FIRST PETER

“SUFFERING AND SALVATION”

1 PETER 3:18-22

NICK FRYBERGER • JUNE 21ST, 2026

Big Idea: Suffering is essential to the gospel.

I. The Righteous for the Unrighteous (1 Peter 3:18)

“God has ordained suffering as a means of blessing.”(1 Peter 3:13-17)

“Suffering is not a hinderance to the gospel.” (1 Peter 3:13-22)

_____ is _____ to the _____.

Ephesians 2:8-9

II. The Spirits in Prison (1 Peter 3:19-20)

2 Peter 2:4-5 Revelation 18:2

- A. Preaching through Noah
- B. Preaching to the deceased of Noah’s generation in Hell
- C. Proclaiming victory over imprisoned fallen angels

Christ’s resurrection was THE _____

in redemptive history.

The gospel is a message of BOTH _____ and

_____.

III. Passing Through the Waters with Noah (1 Peter 3:20-21)

We SHOULD be able to say that:

Those who have been _____ are _____,
and those who are _____ have been _____.

IV. The Firstborn of the Dead (1 Peter 3:22)

Colossians 1:15-18 Romans 8:16-17

Christ’s resurrection is our _____ and

_____ of God’s _____.

Notes:

If you have questions or comments about today’s message, I would love to hear from you!



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