

LIVING IN EXILE – A SERIES IN FIRST PETER

“BEFORE & AFTER”

1 PETER 4:1-6

NICK FRYBERGER • JUNE 28TH, 2026

Big Idea: Our (old life) “before” is not compatible with our (new life) “after” (Christ).

I. Arm Yourself (1 Peter 4:1)

“Suffering is essential to the gospel.” (1 Peter 3:18-22)

1 Peter 2:11

We must be _____ for the _____ ahead.

We must be _____ to _____ Christ at

_____.

Luke 14:27

Luke 9:51

Romans 6:10-14

“The Christian life is not marked by perfection. It is marked by repentance.” (1 Peter 3:8-12)

II. Our “Before” and Our “After” (1 Peter 4:2-3)

The “after” of our new life is defined by the _____

_____ of _____.

Romans 12:2

Romans 1:28-32

III. The “Gentiles” (1 Peter 4:4-6)

- “Floods of debaucher” (ESV)
- “Floods of wild living” (HCSB)
- “Reckless and wild living” (NIV)
- “Excesses of dissipation” (NASB)
- “Wild Profligacy” (RSV)

Our “before” is _____ with our “after”.

Proverbs 24:16

Notes:

If you have questions or comments about today’s message, I would love to hear from you!



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